

Call for research volunteers:

EXERCISE WHILE LIVING WITH A BRAIN INJURY

WHAT IS THIS RESEARCH ABOUT?

Understanding what stops or helps people with moderate-to-severe traumatic brain injury from the following populations from participating in **physical activity and rehabilitation**:

- Aboriginal and Torres Strait Islander people
- People from culturally and linguistically diverse backgrounds
- Older adults (65 years old+)
- People with high support needs

ARE YOU ELIGIBLE?

- If you are from one of the above populations and have experienced a traumatic brain injury (with a loss of consciousness of >1 hour), *OR*
- Support someone with a moderate-to-severe traumatic brain injury from one of the above populations (e.g., family member, healthcare professional, support worker, Aboriginal or multicultural health worker, exercise provider, case manager)

WHAT WILL HAPPEN IF I PARTICIPATE?

- Interview, focus group or yarning session
- In-person or over video call
- Individually or as a group (depending on your preference)

WHERE CAN I FIND OUT MORE?

Click on the link or scan the QR code:

<https://redcap.sydney.edu.au/surveys/?s=WTT48LE3HX8D84N8>



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