Adelaide University

HELP US UNDERSTAND BODY IMAGE after INJURY

Who Can Participate?

- Adults **18 years or older**
- People with **Lived experience**
  -Traumatic Brain Injury
  -Spinal Cord Injury
- **Injury** occured **at least 4 weeks ago**
- Living with **residual physical impairment**
- Able to **read and answer** questions **in English**

What is Involved?

- Complete a short anonymous online survey (~10mins)
- Share your experience of body image and body awareness after injury and/or surgery

How do I sign up?

Scan the QR code or follow the link for more info and to participate!

https://bit.ly/body-image-study

Why are we doing this research?

We aim to understand how **body image and body awareness** change **after injury**. Your responses will help identify **better ways to assess and support people during recovery and rehabilitation**

Questions?
Email: susan.hillier@adelaide.edu.au

Ethics has been approved by Adelaide University's Human Research Ethics Committee: **UniSA 206690**