

Falls can cause Concussion

Concussion is a head injury that results from a forceful impact to the head, neck, or body; causing the brain to move rapidly within the skull

Each concussion is unique, with different signs and symptoms

You do not need to be knocked out to have a concussion

Signs and Symptoms



- Lying still
- Slow to get up
- Tired / Drowsy



- Stumbling
- Poor balance



- Grab their head
- Headache



- Vision changes
- Confusion
- Difficulty concentrating

RED FLAGS - seek immediate medical care



- Neck pain
- Severe headache
- Double vision



- Vomiting



- Loss of consciousness
- Seizure



- Increasing agitation

The signs and symptoms of concussion usually go away in 4 weeks.

Whether you hit your head or not, if you have a fall it can result in concussion. You may not realise you have suffered a concussion at the time.

Signs and symptoms of concussion may take time to develop. Seek medical care or let someone know if you do not feel well.