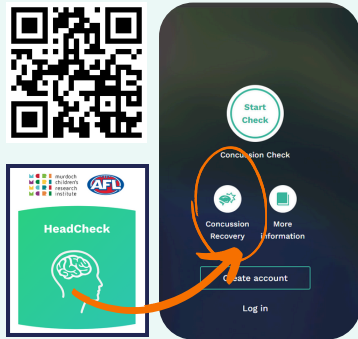


## Download HeadCheck

QR, App Store or Google Play



Click on 'concussion recovery'

## Log-in

Hi there!

Please use your email to create an account

First name  
e.g. Sam

Last name  
e.g. Smith

Email address  
e.g. john@email.com

Use my phone number instead >

## Enter your details

INCIDENT DETAILS

What is your gender? \*

Male  
Female  
Rather not say

What is your age? \*

Your age

Do you play organised sport? \*

Yes  
No

Were you wearing a helmet/headgear at the time of the incident? \*

Yes  
No

## Join AUS-mTBI

RECOVERY RESEARCH

Continue your guided recovery

Or

Join the AUS-mTBI study

Up to 28-day tailored program based on the most contemporary evidence:

- Evidence-based recovery program with on-going symptom monitoring
- Have a chance to win one of five prepaid Visa gift cards
- High chance of recovery - be involved in research that will predict quick recovery from concussion

Terms and conditions

Please read the terms and conditions carefully. Access to the HeadCheck application is subject to our Privacy Policy (Terms). You may also be bound by our Terms of Access and Accessible Use (below).

By accessing and/or using the App, will constitute a binding agreement to agree to these Terms.

You may replace all or part of these Terms at any time by posting a comment on the App for any changes to these Terms. Your continued use of the App will constitute acceptance of those changes.

I agree to a legally binding agreement with you:

DISAGREE AGREE

Create your profile, receive the confirmation message then complete the questionnaire, describing your situation/concussion (~5 minutes) then click 'Join AUS-mTBI Study'

## AUS-mTBI Study

Adult demographic

What is your family name?

What is the postcode where you live?

What is your cultural identity?

Indigenous Australian  
Non-Indigenous Australian  
Strait Islander  
Aboriginal and Torres Strait Islander  
Sea Islander

Enter your details: name, age, location

## Injury details

Pre-Injury health

How 5 of 5

Did you have other injuries at the time of the concussion?

Yes  
No

Are you undergoing a litigation or compensation claim as a result of injury?

Yes  
No

Do you need help with activities of daily living e.g. cleaning, dressing, shopping?

Yes  
No

Have you seen a health professional since your concussion?

Yes  
No

Were you or your family provided any information on supports, what to expect or management following your concussion?

Yes  
No

Complete questions  
~2 mins

## Recovery advice

RECOVERY

Look out for serious symptom

Icon of a person with a plus sign and a warning triangle.

Contact your doctor or nearest hospital emergency department if you experience a head knock, you experience:

Online help is available at any time

## Start recovery 28 day program

TASKS TO DO TODAY

Please tick off today's tasks to help with recovery.

General

Looks like you are having a tough time. Please contact your GP/health professional in the last 24 hours as soon as possible.

Even if you have seen a GP/health professional, your doctor or the nearest hospital emergency department.

More

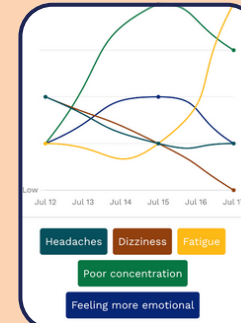
Pre-Existing Factors

Pre-injury health

Complete questions about your pre-injury health

Click 'start recovery'. Enter your symptoms daily, set reminders & complete tasks

## Symptom tracker



View your symptoms across 5 aspects as you recover

## Ongoing Follow ups

Not experienced — 0

Mild Problem — 2

Severe Problem — 4

Complete follow up questions/actions if you haven't recovered yet

Project partners include Curtin University, Murdoch Children's Research Institute, Monash University, Edith Cowan University, The Queensland Brain Institute, Griffith University, The University of Sydney, Alfred Health, Deakin University, The Heart Research Institute, National Imaging Facility, Synapse Australia Limited, and Curve Tomorrow.

AUS-mTBI July 2024 - This study has been approved by the Alfred Hospital Ethics Committee [ID 95470] and is funded by the Australian Government Medical Research Future Fund, Mission for Traumatic Brain Injury (APP2015762).